Future Sport Leaders Program

Program Information



Government of South Australia
Office for Recreation, Sport and Racing

Connected and Active Communities | Riverland

Future Sport Leaders Program

Why has it been created?



Volunteers are the lifeblood of grassroots and community sport.

The Office for Recreation, Sport and Racing is looking to increase the number of young, skilled volunteers in community sport to reduce volunteer fatigue and burnout.

The benefits of volunteering include:

- Increase your confidence, purpose and self-esteem
- Improved mental health and wellbeing
- Develop practical life skills
- Greater connection with your community
- Assist with career readiness

What is the Future Sport Leaders Program?

The Program is split into four components

Physical Recreation	Voluntary Service	Skill Development	Adventurous Journey

The Future Sport Leaders Program aligns with the Duke of Edinburgh Bronze Award. What does this mean?

- 10 SACE Points upon completion
- Recognised internationally
- Linkages to employers

Physical Recreation

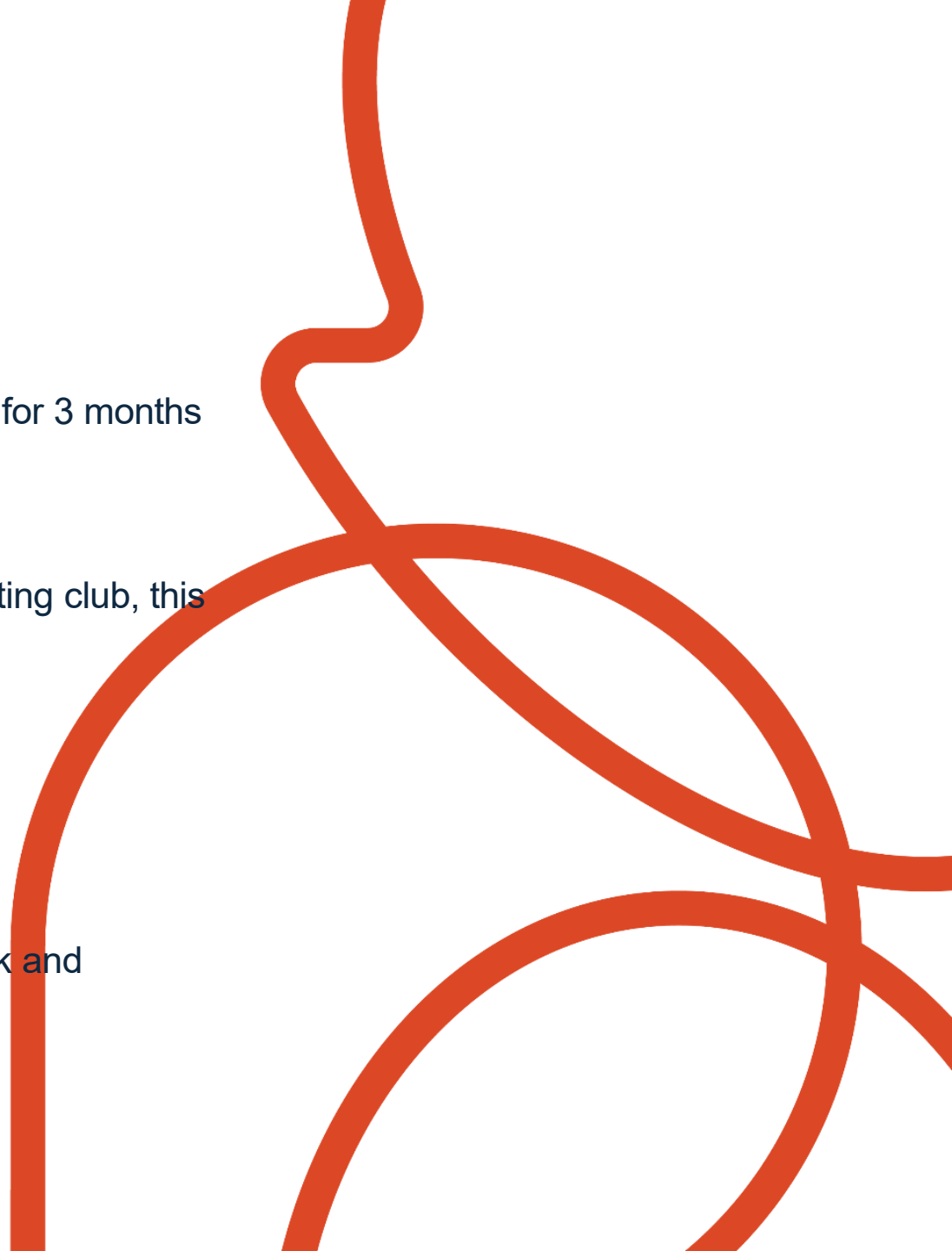
While a key focus of this program is volunteering and developing skills, it is important to remain active!

Participants are required to complete 1 hour per week of physical recreation for 3 months (the equivalent to just over 13 hours).

It is recommended that the physical recreation is completed within your sporting club, this can include:

- Training sessions
- Game day

This is required to be logged on the Duke of Edinburgh online recording book and verified by someone within your sporting club.



Voluntary Service

Enables you to gain firsthand experience of how a club operates and practically apply the skills you learn through the skill development

A minimum of 13 hours of volunteering is required to be done within a local sporting club. Volunteering roles can include:

- Coaching juniors
- Officiating matches (not trainings)
- Assisting with club events
- Helping with administration
- Supporting game-day operations (e.g. set-up and pack-down of game days)
- Equipment management

It is also recommended you participate in club meetings to understand the issues affecting your club.

This is required to be logged on the Duke of Edinburgh online recording book and verified by someone within your sporting club.



Skill Development

A minimum of 13 hours of skill development is required to complete this element of the program

Skill Development workshops will be a combination of in person workshops, online workshops and self paced online resources on the following topics:

- Understanding how a sporting club operates
- Creating welcome and inclusive sporting club environments
- Being the best version of yourself
- Assertive communication and personal leadership
- Supporting the health and wellbeing of club members
- Coaching and officiation courses

Adventurous Journey

An overnight stay developing team and group work skills in an unfamiliar environment

The Office for Recreation, Sport and Racing has designed an overnight leadership camp in partnership with AFL Max (located in West Beach, Adelaide). This camp will also a tour of the South Australian Sports Institute's state of the art facilities at Mile End.

Should you be unable to attend the AFL Max camp, you will be required to find an alternate adventurous journey activity, such as a school camp.

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What is the commitment?

This program is designed to enhance your sporting and school journey and not to be a time-consuming burden

The Future Sports Leaders Program is designed to be flexible around school, sport and life commitments.

It is anticipated that the program will take 9 months to complete with a total minimum of 40 contact hours over this period for the physical recreation, volunteering and skill development components.



Other information

A local program coordinator will be appointed to help you through the program. Key contacts can be found on the next page.

There will be no cost for you to complete the program.

You will be asked to participate in survey to evaluate the effectiveness of the program.



Key Contacts

Local Contact

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